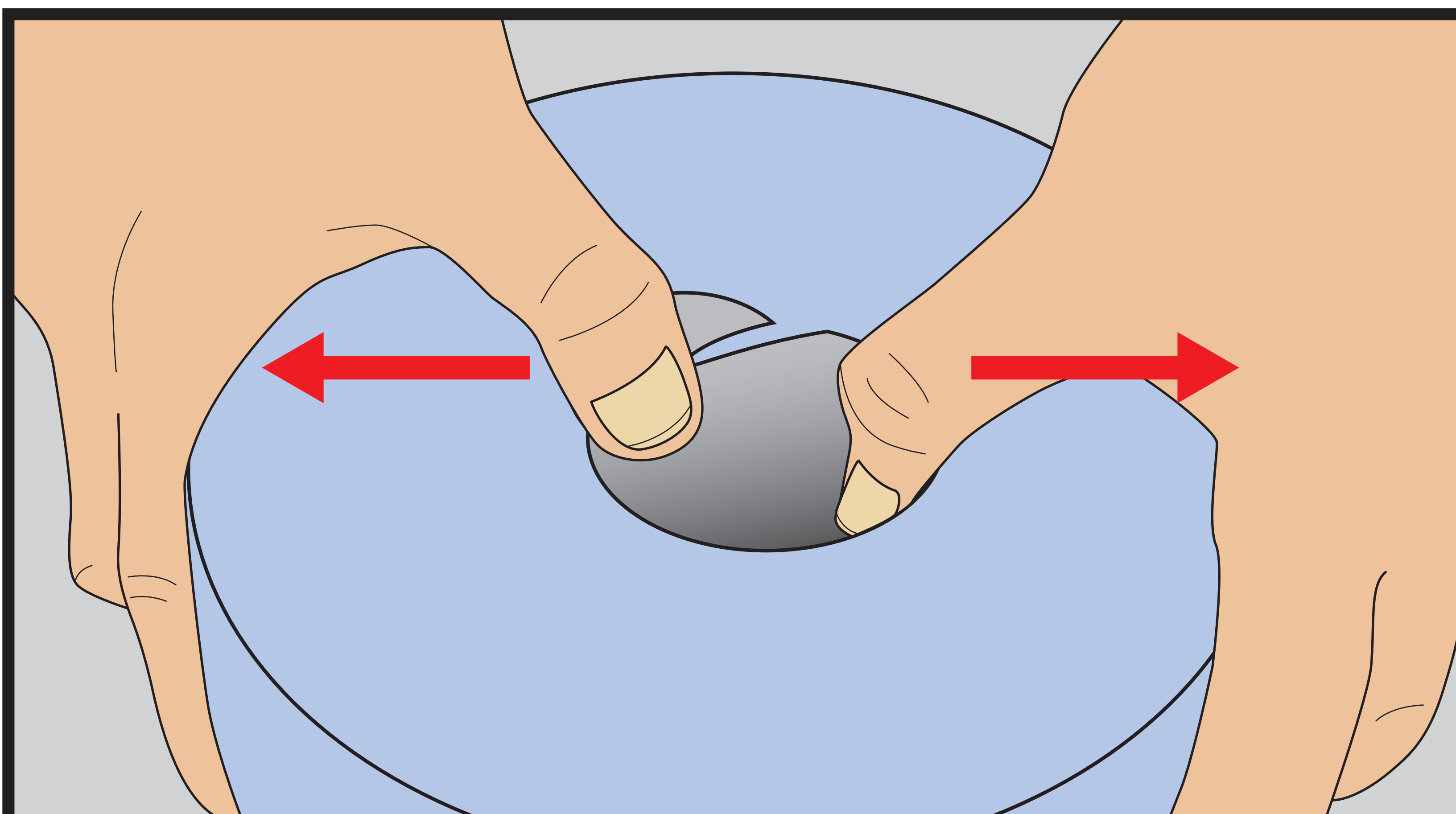
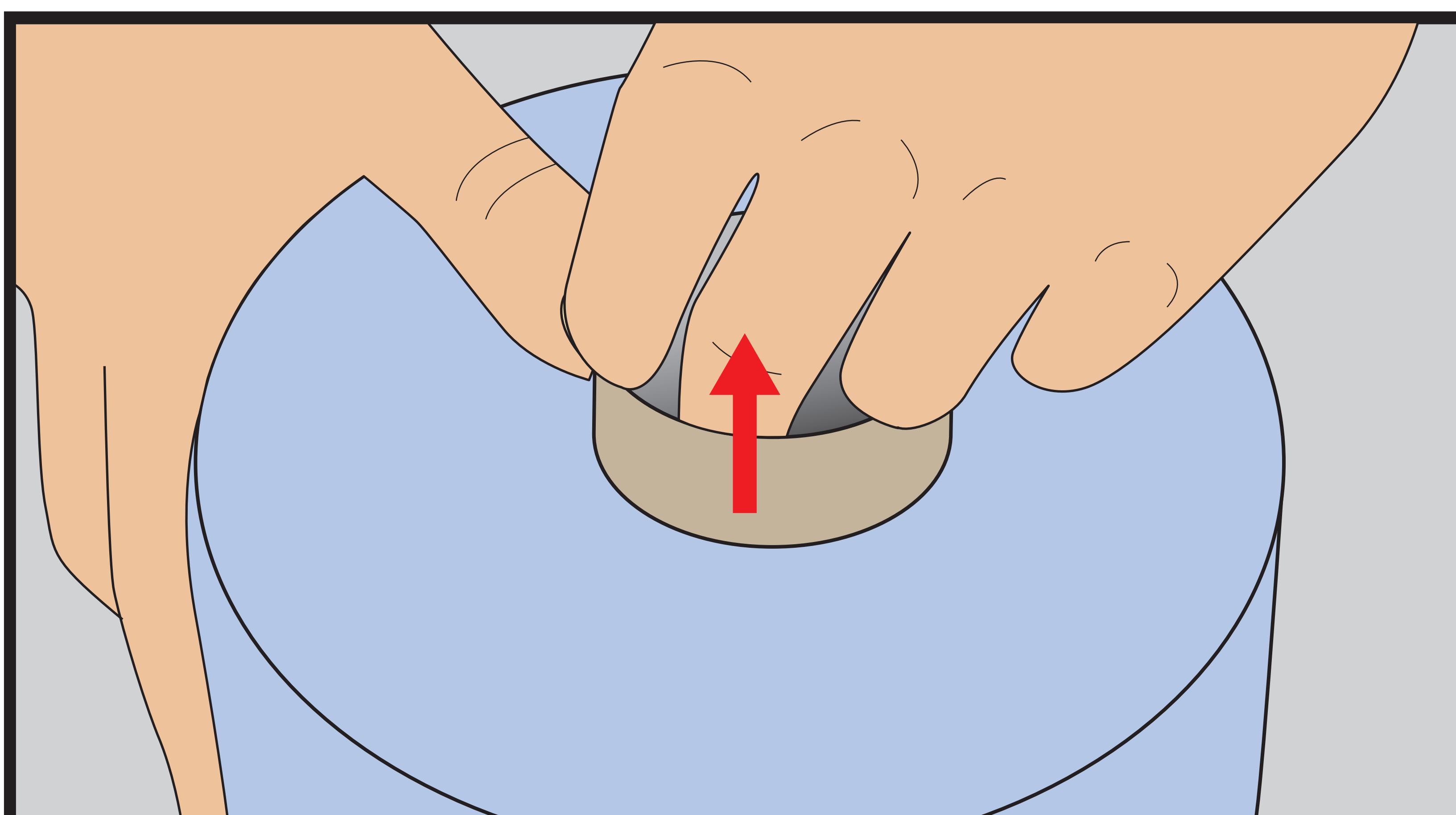


**Find the perforated spiral line inside the core**



**Using your thumbs, pull apart either side to tear the core**



**Reach inside the roll and pull the paper out**